



What's It Like To Be You? A Pop-Up Offering (No Charge)

A Circle for Story - A Practice for Presence - A Hosting for Connection
Online, with Tenneson Woolf

November 30, 2023

10:00 am - 11:30 am MT, Zoom
(Salt Lake City, Utah, USA)

[Time Zone Converter](#)

Max Group Size, 7 Participants

OR

November 30, 2023

4:00 pm - 5:30 pm MT , Zoom
(Salt Lake City, Utah, USA)

[Time Zone Converter](#)

Max Group Size, 7 Participants

Registration Via Personal Email
tenneson@tennesonwoolf.com

I continue to see how people in so many settings of work and community are hungry for, and need, spaces for story, for presence, and for connection. So as to feel and support foundational ways of well-being within ourselves and with teams and communities that we care about.

In the continued spirit of "Pop-Up," this month's gathering is an offering to be held in circle (I will both host and participate). You do not need to have participated in previous Pop-Up Workshops.

This offering centers on the most basic of invitations — to be curious and generous together in both sharing and hearing story. To share and listen to others with the prompt — "What's it like to be you?"

This isn't a workshop. No explicit teaching section. It isn't a therapy or counseling group. It is an offering that comes from my love of authentic connection both within settings of group facilitation and in settings among friends and family.

I welcome you to come to participate and contribute in the oldest of patterns — sharing story, presence, connection.