

TENNESON WOOLF

CONSULTING

Becoming & Belonging, Wander School – Getting To The Heart Of It

Join

Becoming & Belonging is a collection of online offerings, including Wander School. [Come to experiment or to make regular practice](#). Come for authenticity.

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Listen on the Human To Human Podcast

[Nathan Rix joined me recently](#). We explore healing, ascent, mountain climbs, descent, Carl Jung, bridges (inner and organizational), presence, becoming curious, myths, fears, karaoke, certainty, taking responsibility, dance. And, and.

Get Guidance

I love coaching and conversational learning that points to the good stuff. Some story. Some intuition, some insight. [Start on my website](#).



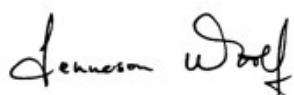
Happy Holidays

We celebrate Christmas in our home. A few festive decorations. A tree with lights. Enjoying a bit of unrushed time together. Meals. Baking. Walks. Watching a movie or two. Sipping eggnog. Coffee. Spirits.

When I was a kid, Christmas was my favorite. Yes, there were gifts. I remember my very sporty SST Toy Car one year. From my parents (or maybe Santa). Sleek white with black stripes, that my friend Joey and I played with for hours.

Christmas in my childhood home turned to “really Christmas” when my grandparents arrived. That was my Mom’s parents Fern and Billie, arriving after four hour drive from Saskatchewan. Grandma would come with a lot of home-baked cookies, tarts, shortbread, gingersnaps. There was unique joy. Lasting joy. Comforting joy. Belonging joy.

Joy comes in many forms. I’ve found is quite available. Wishing you, all of us, Happy Holidays, and joys, be they big, small, or what lives between.

A handwritten signature in cursive script that reads "Tenneson Woolf".